

MONTHLY MENU – JUNE/JULY 2019

MORNING & AFTERNOON SNACKS

(The snack schedule alternates each week between morning and afternoon.)

- Grahams / Applesauce and oatmeal cookies.....Monday
- Goldfish / Yogurt parfait.....Tuesday
- Strawberry bars / Vanilla wafers and raisins.....Wednesday
- Animal Crackers / Cheese sticks and ritz crackersThursday
- Multi grain cereal / Seasonal summer treat (fresh cut fruit or frozen treat).....Friday

***ALL LUNCHES AND SNACKS ARE SERVED WITH MILK**

***Our chicken is all natural, boneless, skinless and antibiotic free**

June 10-14

- Monday: Cheese omelets, sausage, roasted potatoes, pineapple
- Tuesday: Chicken biscuit, corn, peaches
- Wednesday: Parmesan pasta with sausage, mixed veggies, mixed fruit
- Thursday: Hawaiian meatballs, brown rice, green beans, tropical fruit
- Friday: Cheese and sausage Pizza, cucumbers & broccoli w/dip, cantaloupe

June 17-21

- Monday: Baked fish, roasted potatoes, peas & carrots, pears
- Tuesday: Tator tot casserole, sliced carrots, applesauce
- Wednesday: Chicken corn dogs, baked fries, corn, peaches
- Thursday: Turkey rice soup w/mixed veggies, rolls, tropical fruit
- Friday: Baked chicken and vegetable pasta (w/zucchini, carrots and spinach) topped with cheese, sliced melon

June 24-28

- Monday: Chicken and cheesy potato casserole, peas, pears
- Tuesday: Cheeseburgers, veggie sticks, tropical fruit
- Wednesday: Pasta with ground Italian sausage, garlic bread, broccoli, peaches
- Thursday: Beef fritters, mashed potatoes & gravy, green beans, blueberries
- Friday: Chicken and waffles, sweet potatoes, sliced watermelon and bananas

July 1-5

- Monday: Beef potato casserole, peas, peach and pear mix
- Tuesday: Ham and cheese roll ups, veggie sticks, cantaloupe
- Wednesday: Chicken nuggets, sweet potatoes, carrots sticks, applesauce
- Thursday: **CLOSED** for Forth of July
- Friday: Turkey hot dogs on multi-grain buns, corn, bananas