

MENU October 2020

MORNING & AFTERNOON SNACKS

(The snack schedule alternates each week between morning and afternoon.)

Fruit Bars / Banana bread	Monday
Grahams / Goldfish	Tuesday
Strawberry bars / Jello w/ pretzels	Wednesday
Muffins / Fruit cup and oatmeal cookies	Thursday
Animal crackers / Cheese and crackers	Friday

*ALL LUNCHES AND SNACKS ARE SERVED WITH MILK AND WATER

October 5-9

Monday:	Chicken nuggets, mac and cheese, green beans, mandarin oranges
Tuesday:	Turkey and yellow rice, peas & carrots, applesauce
Wednesday:	BBQ meatballs, buttered noodles, mixed vegetables, pears
Thursday:	Pasta in marinara sauce with diced chicken, corn, peaches
Friday:	Turkey pepperoni pizza, sweet potatoes, bananas

October 12-16

Monday:	Amish Casserole, peas, peaches
Tuesday:	Turkey corn dogs, baked fries, corn, pears
Wednesday:	Baked chicken, bowtie pasta, carrots, mixed fruit
Thursday:	Hot turkey and cheese biscuits, baked sweet potatoes, pineapple chunks
Friday:	White beans w/ turkey ham, vegetable mix with yellow rice, apple slices

October 19-23

Monday:	Baked fish, mashed potatoes, green beans, applesauce
Tuesday:	BBQ Boneless chicken wings, brown rice, mixed veggies, mandarin oranges
Wednesday:	Scrambled eggs, cheese grits, oranges & pineapple, carrot sticks
Thursday:	Chicken and noodles, peas and carrots, tropical fruit
Friday:	Turkey hot dogs, corn, bananas

October 26-30

Monday:	Hot turkey and cheese subs, sweet potatoes, oranges and pineapples
Tuesday:	Blueberry pancakes, turkey sausage, sweet potatoes, fruit medley
Wednesday:	Hawaiian meatballs, diced potatoes, cucumbers, fruit mix
Thursday:	Turkey sloppy joes on hawaiian rolls, corn, bananas
Friday:	Beefy Noodle Casserole, peas, pears