

## Menu September -October 2023

### MORNING & AFTERNOON SNACKS

(The snack schedule alternates each week between morning and afternoon.)

Animal crackers /Cheese stick & Ritz.....	Monday
Cereal /Cheese Ritz Bits & Jello cups.....	Tuesday
Goldfish/Muffins.....	Wednesday
Multigrain cereal /Fruit cup & cookies.....	Thursday
Grahams/Fig bars.....	Friday

### \*ALL LUNCHES AND SNACKS ARE SERVED WITH MILK AND WATER

#### September 11-15

Monday:	Pepperoni pizza, cucumbers w/ranch dip, peaches
Tuesday:	Chicken and brown rice, diced carrots, blueberries
Wednesday:	Chicken patties, mashed potatoes, peas, oranges
Thursday:	Spaghetti, rolls, corn, pears
Friday:	Hot dogs, corn on the cob, bananas, pineapple chunks

#### September 18-22

Monday:	Cheeseburgers, potatoes, orange and pineapple mix
Tuesday:	Fish sticks, cheese grits, peas and carrots, peaches
Wednesday:	Chicken and noodles, green beans, applesauce
Thursday:	Pigs in a blanket, corn on the cob, tropical fruit
Friday:	Hawaiian meatballs, baked rice, vegetable medley, peaches

#### September 25-29

Monday:	Amish casserole, corn, pears
Tuesday:	Hawaiian meatballs, baked rice, vegetable medley, peaches
Wednesday:	Chicken nuggets, rolls, mixed vegetables, apple slices
Thursday:	Grilled cheese sandwiches, potatoes, oranges
Friday:	Goulash, pears, pineapple chunks

#### October 2-6

Monday:	Pancakes, Canadian bacon, sweet potatoes, mixed fruit
Tuesday:	Chicken fried rice, peas, oranges
Wednesday:	Chicken parmesan, rolls, corn, bananas
Thursday:	Salisbury steak, buttered noodles, carrots, pears
Friday:	Bean and cheese quesadillas, corn on the cob, peaches