

21 DAYS OF PRAYER + FASTING

JANUARY 1ST - 21ST

+ WHAT IS IT?

21 Days of Prayer & Fasting is a time when we intentionally pursue God every day in prayer as we believe for Him to move in powerful ways and create lasting impact in our lives, our church, and our world.

+ WHO IS IT FOR?

21 Days of Prayer & Fasting is for YOU...

- if you sense God has more for your life in 2024
- if you're seeking breakthrough, healing or a fresh start
- if you need vision, direction and renewed purpose

+ HOW CAN I PARTICIPATE?

Join us for Morning Prayer Times

- Mondays, Tuesdays, Thursdays & Fridays from 6:30am to 7:30am
- In person in the Worship Center
- Online @ live.wearecathedral.com OR YouTube @wearecathedralchs

Be a part of Worship Nights on Wednesdays at 7pm

- January 3, 10 & 17
- In person only (*Worship Nights will not be streamed online.*)
- CKids will be available for infants through age 7.

+ TELL ME MORE ABOUT FASTING

The goal of fasting is to draw nearer to God. Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out. It also enables us to celebrate the goodness and mercy of God and prepares our hearts for all the good things God desires to bring into our lives.

Fasting can help slow us down in our "hurry-up world." Fasting doesn't have to be food, as some people fast caffeine, sugar, social media, or activities they enjoy.

Your personal fast should present a level of challenge but should not put your health and safety at risk. With that in mind, position yourself to hear from God. Each day, take a few moments to still your heart, quiet your mind, and invite the Holy Spirit to speak.

Find more resources at wearecathedral.com/21days

Suppose you have a friend, and you go to him at midnight and say, "Friend, lend me three loaves of bread; a friend of mine on a journey has come to me, and I have no food to offer him."

And suppose the one inside answers, "Don't bother me. The door is already locked, and my children and I are in bed. I can't get up and give you anything."

I tell you, even though he will not get up and give you the bread because of friendship, yet because of your **shameless audacity** he will surely get up and give you as much as you need.

So I say to you: **ASK** and it will be given to you; **SEEK** and you will find; **KNOCK** and the door will be opened to you.

For everyone who asks **RECEIVES**; the one who seeks **FINDS**; and to the one who knocks, **the door will be OPENED**.

Luke 11:5-10

PRAY ON IT
PRAY OVER IT
PRAY THROUGH IT

PRAYER AND FASTING TWENTY

WEEK 1
AND FASTING
ONE DAY'S

MON	TUE	WED	THU	FRI	SAT	SUN
<p>JUMP IN</p> <p>Read & pray through the principles in Luke 11:5-10.</p> <p>Prepare your heart to pray & fast with shameless audacity.</p>	<p>POWER OF THE HOLY SPIRIT</p> <p>May the God of hope fill you with all joy and peace as you trust in Him so that you may overflow with hope by the power of the Holy Spirit.</p> <p>Romans 15:13</p>	<p>WORSHIP NIGHT</p> <p>7:00 pm</p> <p>Indeed, the time is coming, and it is now here, when the true worshipers will worship the Father in spirit and truth.</p> <p>John 4:23a</p>	<p>BEAR FRUIT</p> <p>This is to My Father's glory that you bear much fruit, showing yourselves to be My disciples.</p> <p>John 15:8</p>	<p>OUR LEAD TEAM</p> <p>We always thank God for all of you and continually mention you in our prayers.</p> <p>1 Thessalonians 1:2</p>	<p>FINANCES</p> <p>And my God will meet all your needs according to the riches of His glory in Christ Jesus.</p> <p>Philippians 4:19</p>	<p>PRE SERVICE PRAYER</p> <p>7:30 am</p> <p>SUNDAY SERVICES</p> <p>9 + 11 am</p>

WEEK 2
AND FASTING
ONE DAY'S

MON	TUE	WED	THU	FRI	SAT	SUN
<p>DIVINE COVERING</p> <p>For He will command His angels concerning you to guard you in all your ways.</p> <p>Psalm 91:11</p>	<p>REPENT & RETURN TO GOD</p> <p>This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!</p> <p>2 Corinthians 5:17</p>	<p>WORSHIP NIGHT</p> <p>7:00 pm</p> <p>Let all that I am praise the Lord; with my whole heart, I will praise His holy name... may I never forget the good things He does for me.</p> <p>Psalm 103:1-2</p>	<p>WISDOM</p> <p>If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.</p> <p>James 1:5</p>	<p>OUR DREAM TEAMS</p> <p>God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.</p> <p>1 Peter 4:10</p>	<p>AMERICA</p> <p>Restore us, Lord God Almighty; make Your face shine on us, that we may be saved.</p> <p>Psalm 80:19</p>	<p>PRE SERVICE PRAYER</p> <p>7:30 am</p> <p>SUNDAY SERVICES</p> <p>9 + 11 am</p>

WEEK 3
AND FASTING
ONE DAY'S

MON	TUE	WED	THU	FRI	SAT	SUN
<p>PROTECT OUR HOMES</p> <p>The Lord will grant that the enemies who rise up against you will be defeated before you.</p> <p>Deuteronomy 28:7a</p>	<p>FAVOR & PEACE</p> <p>Surely, Lord, You bless the righteous; You surround them with Your favor as with a shield.</p> <p>Psalm 5:12</p>	<p>WORSHIP NIGHT</p> <p>7:00 pm</p> <p>Your unfailing love is better than life itself; how I praise You! I will praise You as long as I live, lifting up my hands to You in prayer.</p> <p>Psalm 63:3-4</p>	<p>HEALING</p> <p>The punishment that brought us peace was on Him, and by His wounds, we are healed.</p> <p>Isaiah 53:5b</p>	<p>OUR OUTREACH & MISSIONS</p> <p>But you will receive power when the Holy Spirit comes on you; & you will be my witnesses in Jerusalem, in all Judea & Samaria, & to the ends of the earth.</p> <p>Acts 1:8</p>	<p>DIRECTION</p> <p>In all your ways, submit to Him, and He will make your paths straight.</p> <p>Proverbs 3:6</p>	<p>PRE SERVICE PRAYER</p> <p>7:30 am</p> <p>CELEBRATE</p> <p>9 + 11 am (Water Baptism)</p>